



Irish Association of Corporate Treasurers

We are pleased to advise that the Grant Thornton Corporate 5K Team Challenge Run is back this autumn to help workforces to stay active and healthy while also enjoying some social team building, and as such IACT will be entering teams.

This will take place in the Docklands on **Tuesday 26th September at 7:45pm**. Run in association with Athletics Ireland, it is aimed at encouraging social running amongst the business community in Dublin.

Join us with over 5,000 other runners in this corporate challenge. This 5K flat course is a great distance for beginners and experienced runners alike, so there is no excuse for you and your work colleagues, partners and friends not to give it a try!



Teams are made up of four runners, with team categories of male, female and mixed. The official score for each team is determined by the recorded times of the registered team members, with accurate chip timing for all participants.

You can enter either as an individual member and we will team you up with others to make up a team. or you can enter a full company team of four with a minimum of two runners being IACT

members.

You will also be supporting a good cause as <u>IACT will pay all entry fees</u> and organise your registration. 2023 nominated Charity - Children in Hospital Ireland

We will register on your behalf; all you need to do is to turn up on the day. We will provide you with an IACT t-shirt for the race, and all entrants will also receive the official 'event' t-shirt.

To facilitate our members, we have booked a meeting space in the Hilton Garden Inn Hotel (formerly Jurys Inn), Custom House Quay, which is conveniently located near to both the Start and Finish lines.



As we are registered as a group, it is not necessary for you go to the official area to pick up your race number and bag drop.

You simply need to go directly to the hotel on the day between 6:00PM and 7:00PM and we will give you your race numbers, t-shirts, and pins before you head to your designated assembly area. You can also leave any baggage with us. Participants are encouraged to arrive as early as possible to avoid congestion.

After the race we invite you to return to the hotel for well-earned refreshments and bar food and an informal IACT prizegiving - For further information please contact Michele Fogarty at info@treasurers.ie